



The Unselfish Spirit: Human Evolution in a Time of Global Crisis

By Mick Collins

Hyden House Ltd. Paperback. Book Condition: new. BRAND NEW, The Unselfish Spirit: Human Evolution in a Time of Global Crisis, Mick Collins, This title includes exercises at the end of each chapter, providing opportunities for reflection. The Unselfish Spirit is an essential 21st century guide to unlocking the secrets of how we as a race can collectively grow our consciousness to solve the complex web of challenges that threaten life on Earth. Mick Collins identifies how our global crisis is also a spiritual one. Drawing inspiration from cosmology, biology, quantum physics, psychology and occupational science, he suggests that the cultivation of our psycho-spiritual awareness can reveal new vistas, helping us engage in our transformative potential.

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