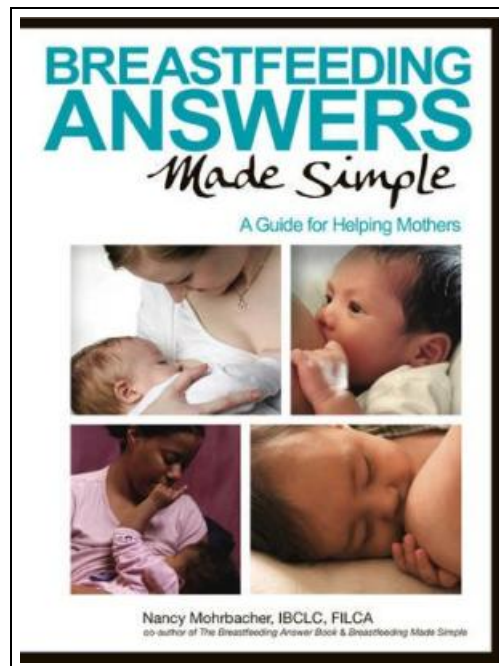


Breastfeeding Answers Made Simple: A Guide for Helping Mothers (Paperback)



Filesize: 8.55 MB

Reviews

Complete guideline for publication fanatics. It is actually written in straightforward words rather than confusing. I am effortlessly could get a pleasure of looking at a written book.

(Kirstin Schuppe)

BREASTFEEDING ANSWERS MADE SIMPLE: A GUIDE FOR HELPING MOTHERS (PAPERBACK)



Hale Publishing, United States, 2010. Paperback. Condition: New. Language: English . Brand New Book. Breastfeeding Answers Made Simple: A Guide for Helping Mothers is the must-have reference from Nancy Mohrbacher, IBCLC, FILCA, coauthor of The Breastfeeding Answer Book and Breastfeeding Made Simple. This comprehensive, research-based counseling guide provides the answers to virtually every breastfeeding question and is organized in an easy-to-use two-column format so you can find the answers quickly when helping mothers by phone. This book explains what you need to know about both cutting-edge and classic breastfeeding research to most effectively help mothers. The international studies described include those on birth practices and breastfeeding, skin-to-skin contact, laid-back breastfeeding, making milk, as well as information on a wide range of unusual situations. Specific problem-solving strategies are included along with insights into the emotional dynamics at play. Written for all levels of expertise, from beginners to advanced practitioners, it is the ideal resource for all settings: hospitals, clinics, medical practices, public health offices, and communities. Every chapter has been reviewed by world-class experts in the field, so it can be used with confidence. This up-to-date and complete guide provides the information you need to help mothers achieve a satisfying breastfeeding relationship with their babies and empower them to meet their breastfeeding goals. For Nancy s continuing commentary on breastfeeding research and trends, follow her blog at.



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