



Thanks for the Share .: Thanks for the Chair (Paperback)

By Taylor Samuel Lyen

iUniverse, United States, 2007. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.After his daughter suggests he find help for his anger and drinking issues, author Taylor Lyen visits a therapist. The therapist persuades him to enter an eight-week early recovery chemical dependency program and a twelve-year follow-up chemical dependency program, both of which will address rage and anger issues and help normalize his behavior. The eight-week Kaiser program works exceptionally well for Lyen, as he learns effective ways to extinguish his anger before it escalates out of control. After he completes this program, he graduates to the long-term therapy program that he will attend once a week for twelve years. He also joins Celebrate Recovery, a Christ-centered general addiction recovery ministry. But other than not adjusting well to life, Lyen has little in common with his alcoholic friends since he never craves alcohol. When he tells the group that he drank a margarita after playing golf, they become angry. Shaken but not stirred to fury, Lyen realizes that he has broken a sacred pact of the recovery group. To continue with them he must attend ninety Alcoholics Anonymous (AA) meetings in ninety days. He...



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Reviews

Very useful to any or all group of men and women. It is written in basic words instead of difficult to understand. I realized this ebook from my i and dad recommended this publication to understand.

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