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The Outdoor Survival Handbook: Step-by-step Bushcraft Skills: The Ultimate Guide to Life-saving Techniques

By Antonio Akkermans

Anness Publishing. Paperback. Book Condition: new. BRAND NEW, The Outdoor Survival Handbook: Step-by-step Bushcraft Skills: The Ultimate Guide to Life-saving Techniques, Antonio Akkermans, This is the ultimate guide to life-saving techniques. It helps you stay alive and healthy in the wilderness. It is a practical handbook on how to cope with all kinds of survival scenarios, with detailed visual instruction and step-by-step sequences for every situation. It features expert, easy-to-follow step-by-step advice on key life-preserving skills and techniques with 1001 tips and over 650 photographs and illustrations. It offers professional tuition from someone who has endured these situations, toughed it out mentally and physically, and can explain all you need to know to help you survive. It contains everything you need to know about survival, building shelters, wilderness navigation and rescue strategies, making fire, sourcing water, flint-napping, tracking and hunting for animals, foraging for food and much more. This ground-breaking guide to survival in the wild covers all the essential skills required to cope with whatever nature has to throw at you - from steamy jungle to frozen tundra and from barren mountainsides to dehydrating deserts. This is the ultimate instruction manual for mastering the art of mental and physical...



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