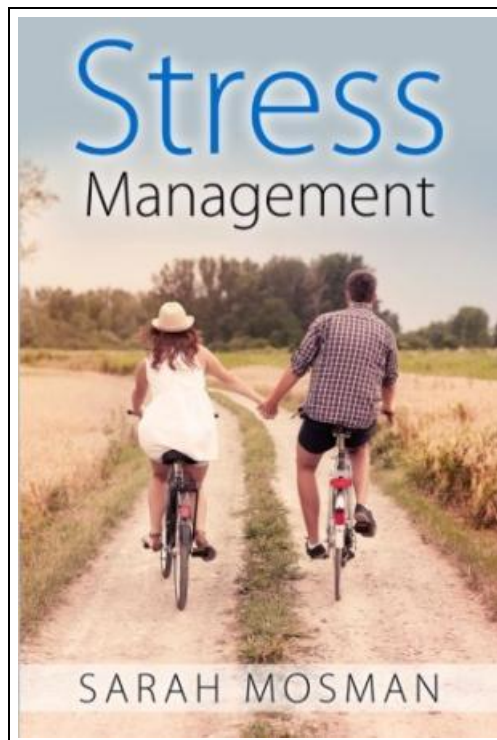


## Stress Management: Strategies Designed to Conquer Stress, Improve Your Lifestyle and Enrich Your Life



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